

### **Substitutions**

Anyone who is being substituted needs to leave at the closest point of the touchline/goal line. If the halfway point is the closest point, please go off there. If you are injured or the safest point to exit the field is not the nearest, then the referee will indicate so and you can leave at the halfway point. This change is trying to eliminate the practice of wasting time by substituting a player who is on the opposite side of the field.

### **Goal Kicks**

In the past, the team taking the goal kick could not touch the ball until it had left the penalty area. Now, a player from the team in possession may reside in or enter the penalty area and touch the ball as soon as it is in play. For the ball to be considered in play it must have been kicked and clearly moved. This change is meant to speed up the play of the game.

#### **Does this change affect the buildout line?**

No, the spirit of the build-out line is still in effect in that players on the team not in possession must move behind the buildout line until the ball is considered in play. The ball is considered in play when it has been kicked and has clearly moved. Players for the team in possession of the goal kick may choose to position themselves inside the penalty area. If a team chooses to take a goal kick or free kick quickly, they are doing so at their own risk as the normal build out line rules still apply.

### **Dropped Ball**

If the ball touches the referee or another match official and goes into the goal, team possession changes or an attack for the opponents begins, a dropped ball is awarded.

If play is stopped inside the penalty area, the ball will be dropped for the goalkeeper (no other player participates).

If play is stopped outside the penalty area, the ball will be dropped for one player of the team that last touched the ball at the point of the last touch of the ball.

In all cases, all the other players of both teams must be 4.5 yards away from the dropped ball.

### **Penalty Kick**

The goalkeeper only needs to have one part of one foot on the goal line when the kick is taken.

### **Verbal Offenses**

All verbal offenses will be penalized with at least an Indirect Free Kick.