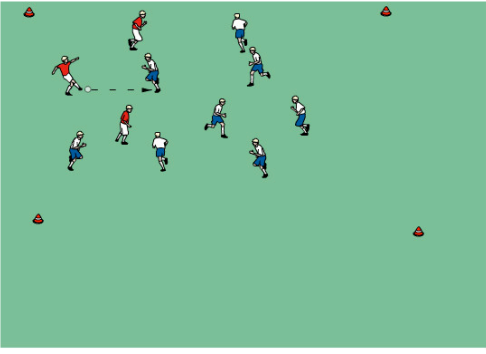
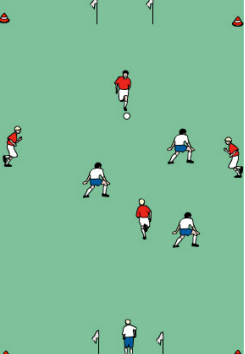
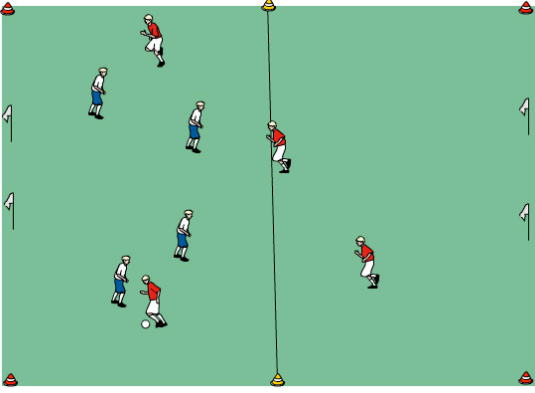
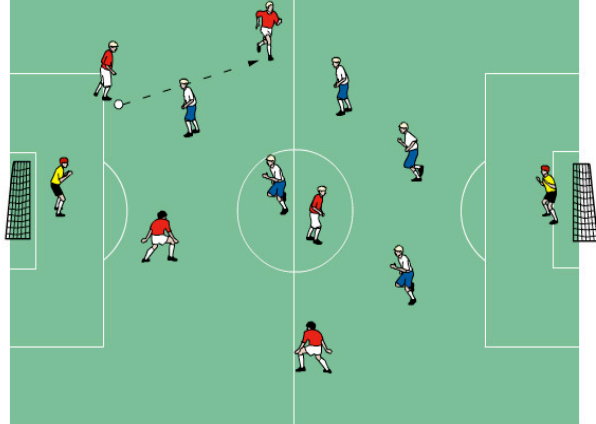


<p>Theme: Playing in small groups</p>	<p>Soccer Theme: Coaches Choice</p>
	
<p>Warm Up: Bulldog</p> <p>Make a small area with cones. To start three to four players share one ball. They are "it". The objective is to pass the ball and hit one of the other players below the knee. If a player gets hit then they join the team that is "it". Work on passing and receiving.</p>	<p>1st Activity: Last player back</p> <p>Groups of 3. Play 3v3 but put in a rule that the last player back must be a goalie making the game a 3v2. Note the diagram shows groups of 4.</p>
	
<p>2nd Activity: All up and back</p> <p>Play a small sided game. The only rule is that before a shot can be taken the players from the attacking team has to be in the attacking half. They need to move up together as a group.</p>	<p>Final Activity: Small Sided Game</p> <p>Divide players into groups of 4-6 players with goal keepers.</p>